

LGBTQIA2+ Workshop Closed Caption Transcript 12 8 21

09:02:11 I'm seeing various heads up.

09:02:15 That's wonderful. Okay, here we go.

09:02:26 I'm going to share my screen again.

09:02:34 So, good morning. We're here today to work with Nicole and Maggie and many of you on this conversation that we're having with regards to the work groups, and the goals that CHP has as we move into the future, we're going to be discussing possible ideas

09:02:56 of how we're going to manifest the goals that CHP wishes to pursue. And maybe resources and ideas on how to make those goals happen.

09:03:08 So here today I'm Judith Steed, I'm an evaluator with Vantage evaluation and I will be primarily facilitating anytime you have a question please directed either to the chat, or if you would like to bring it to the screen, we would love to hear from you.

09:03:23 Nicole and Maggie will step in whenever they need to, and we will have great conversation today. If you do have technical issues with any part of either zoom, or the mirror board which will be using later.

09:03:37 Please put your thoughts into the chat and my colleague, Alexandra will be helpful.

09:03:43 Okay.

09:03:48 So he has some of you on been working in this space before.

09:03:53 Major we have some research that's been done in the area, and in Colorado, and we are going to work on a mirror board to share some ideas around how we are going to make this work happen in 22.

09:04:22 I'm going to ask you to put your name and pronouns in the chat. If you could give us your work title and what's most rewarding about your work that will give us a little bit of context.

09:04:32 And if you have in fact work within committees that are involved in the suicide prevention work, particularly with the priority population of LGBT ya to us, we would really appreciate if you would share that as well.

09:04:45 This is not only an opportunity to value you and bring you into this conversation. Share your thoughts and ideas, but have you also meet each other and network.

09:04:55 It's very important that we are in community, build relationships where,

09:05:15 we engage in this meeting and I, I'm thrilled to see so many people showing up and so many terrific faces. Please be present.

09:05:16 Please be courageous, this is a safe and brave space for us to work in, we're going to explore these ideas together and we want to hear from you when you have ideas and questions and thoughts that you want to bring to the group, use your voice.

09:05:33 Seek clarity if you need it, and also seek support if you need that in, in the technical sphere.

09:05:47 Extend the grace towards others. I know we all be respectful unkind and listen and share. And let and hopefully we will stay on track, we have a lot to do today and just an hour, but we want to celebrate this time together.

09:05:58 So Nicole. If you would be interested in walking us through the next three slides with regards to the pillars and the goals.

09:06:07 Absolutely.

09:06:09 Thank you. Thank you, Judith and everyone who's attending today I want to give a shout out to Jesse with Inside Out Youth Services wanted to get a little feedback, just to touch base on some of the goals that that we have as a collaborative and Jesse

09:06:28 thank you for your, your comments on making sure that we're including intersection ality. I know some of the folks on this call today maybe very familiar with intersection ality, some may not.

09:06:40 So we are going to be addressing that so we're more comfortable with that as we move forward. and I also want to thank Maggie Nagel who is our program specialist with CHP she's given a lot of great feedback and it did a wonderful job.

09:06:55 So I'm just going to give a little overview of our of our collaborative suicide prevention collaborative of El Paso County, which we call the collaborative.

09:07:06 And what we did is this group has formed in a collective impact way to address deaths by suicide. Our goal is to reduce death by suicide in the county by 20% by 2024.

09:07:20 This is not something that can be addressed by a few organizations some nonprofits health entities. It really is going to take a group of organizations and community leaders that can design organize resources and coordinate, to develop the, the strategies

09:07:39 around us being part of the Colorado national collaborative and the Colorado national collaborative and CMC is what we're part of we're one of six organizations in the state of Colorado, that get support from the Colorado national collaborative that basis,

09:07:56 it's strategies from evidence based CDC strategies to reduce the rate of suicide.

09:08:05 We are going to go through those those different strategies or pillars as well as talk about our priority populations that are more at risk for death by suicide.

09:08:14 If we could go to the next slide please.

09:08:19 So this is these are the Suicide Prevention pillars.

09:08:24 As I said, we're part of the Colorado national collaborative or CMC, and these evidence based pillars or strategies are connectedness, economic stability and supports education and awareness.

09:08:41 Access to safer suicide care lethal means safety and post venture. And then the next slide we're going to we're going to dive a little deeper in that.

09:08:52 And I just, I'm pausing for a second since I'm multitasking cast is, is our cast Walton is one of our co chairs and maybe she's having issues logging in, would you mind she's been texting me emailing her, the login information with the past code again.

09:09:13 Yes. Okay. Thank you. All right, so as I said these pillars we're going to dive a little deeper connectedness, that is one of the strategies or pillars of reducing the

rate of suicide by implementing connectedness strategies will have increased more protective

09:09:33 factors, a sense of belonging, reducing isolation loneliness suicide attempts and deaths.

09:09:41 When we are talking about different strategies with our LGBT q i two plus priority population, a lot of that is is rooted in our connectedness pillars, we have education and awareness, obviously we want to increase awareness of these issues with the community

09:09:59 have our collaborative educate through their social media their own organizations us collectively, just about suicide rates, prevention and reduction lethal means safety that's both firearm safety, as well as medication prescription illicit drugs.

09:10:21 So we work, the safe storage for both firearms, as well as overdose injuries and fatalities.

09:10:29 Post mention, that's, that's after a death by suicide or after care.

09:10:35 That is coordinating post pension response efforts.

09:10:39 We really try to work with folks who have lived experiences outreach and support, promoting healing after death by suicide, but we feel like having a good post venture and strategy in our community also serves as prevention in the future.

09:10:57 And then we have access to suicide safer care, and that's where we work with our healthcare systems partners with best practices for Zero Suicide quality of patient care and reducing suicide attempts and deaths within the health care system.

09:11:14 And next slide please.

09:11:18 And I'm going to go back to, to Judith to discuss our self identifying things.

09:11:26 So we have this wonderful rich context in which we're going to be working with these strategies and pillars that CHP has identified as to supporting and directing the work that they do, giving them a vision for where they want to be.

09:11:41 We want to build on that that you shared in the chat, at the beginning of the meeting.

09:11:47 How do you say it self identify what are the things that you share in public, what do you share with friends, what do you share at home. What you share in the workplace.

09:11:57 So we're going to explore this just a little bit, you know, how do we share our self identity.

09:12:03 What kinds of elements and facets Do you include things like gender, sexuality, socio economic status. Place of Birth lag languages spoken spirituality or religion, racial identity, disability, age, immigration and refugee strategy, national and ethnicity

09:12:28 or nationality and ethnicity. These are just a smattering of possible facets that you might include. So how do you self identify. Is there anything in your chat that you might augment, is there anything that you might add, is there some other element

09:12:47 or factor of yourself that you see as important when you share your stuff with others.

09:12:52 This is what we call intersection ality. So we know that none of us live in a single lane, none of us have only a single presentation of self. We have various elements of our sense of being in the world.

09:13:08 What we identify what we feel is essential to our being or what we feel augments who we share as ourselves. And so we want to explore this just a little bit further, as Nicole mentioned many of you are very well engaged with the concept of intersection

09:13:24 ality of you others of you might not, but what we want to make sure is that the pillars and strategies that we explore today include that is like.

09:13:37 To me, this idea. You know Hello, and I can you mute please.

09:13:41 Sorry. That's okay.

09:13:45 I was hoping somebody was jumping into the thought, but we're going to be exploring the intersection ality as it is seen and felt and experienced in the, in the work that we're going to do in a little while.

09:13:59 So, these are the various elements that we've named here but they are obviously not exhaustive. There are many other elements as well. So, what would you imagine might be missing.

09:14:11 So what I'm going to you do here is I'm going to take this over to the narrow board, and we're going to work on a joint space that will require that you log in, and it will look like this.

09:14:22 You will log in, you will then be able to move around, what I will encourage you to do is come up to this arrow that's up here on the top left, you click on that you'll be able to move around the board.

09:14:36 You can pick up one of these stickies and move it over, or you can create your own sticky from this space here, down here on the bottom right, you can change how the screen presents to you, what percentage size, so that you can move around, we've got

09:14:53 multiple frames in this narrow board, but we're going to be working on in the intersection ality board in just a second. I'm going to pop over to the neural board right now.

09:15:20 Everybody's getting into it. I have to ask for permission for access.

09:15:28 Yes, I hadn't anticipated that that would happen and it's not sharing with me that there is a request it to me.

09:15:40 Okay.

09:15:44 It's not alerting me which was interesting.

09:15:50 Okay, I apologize for this one quick second.

09:16:01 Jesse or others are you getting you enter your email and does it say that kind of send you a pass code, or you're not even getting to that.

09:16:11 Step.

09:16:12 No, and I already have one of these accounts for me, it just says you need permission and click here to request permission.

09:16:20 Okay I did sign up and give me a pass code but it sent it really quickly to my email so that wasn't a big issue, but I do still need to request access.

09:16:28 Yeah.

09:16:30 Interesting. It seems to be keeping me out of the loop, which is not what we were hoping for today.

09:16:38 Okay so, technology, huh. Yes, right.

09:16:45 Everybody was a link can view.

09:16:50 Okay.

09:16:53 Okay.

09:16:59 All right. Let's hope that that makes it different. Let me see.

09:17:04 A new link, sometimes just FYI, sometimes it works like that. So you'll Okay, use that setting and then copy that link and for that one out. Absolutely, I will do that then, and I'll put it into the chat.

09:17:18 Thank you. Thank you.

09:17:22 I must have missed something because other mirror boards, haven't been quite this fuzzy, but you know.

09:17:39 Okay, it's also being very slow.

09:17:50 Oh, you know what I I clicked your link and I'm back in it, it looks like and I can see the board.

09:17:56 Yay. Okay Can others try it and if I still need to send out the link I will definitely do that again.

09:18:05 Oh, look at you or running around.

09:18:08 Great.

09:18:09 Okay, so what we can do then is you see this frame here, we've got the intersection ality piece.

09:18:17 And so we just ask that you place a sticky into this frame. If there is a particular element of intersection ality that you strongly connect with feel that identifies with your central week, or others that you know are important to other people that you

09:18:33 work with. And let's see if we can just practice moving those stickies around.

09:18:43 And we very much wish, anyone who wishes to share to absolutely speak up and or use the.

09:18:53 Just to remind your I'm sorry Judith I'm like, please.

09:18:58 Everyone needs to mute, we're getting some feedback.

09:19:03 Thank you.

09:19:04 Thanks Jared sorry.

09:19:07 Absolutely.

09:19:14 So just going to have a few minutes, and again be thinking about it.

09:19:22 Check with us if you having questions about the technology. We value what you bring to the table you are the voices and community and we want to make sure that we're including there's many voices as we can as we build this work.

09:19:32 Because we see the work as we see it but sometimes we can be to clubs, and we want to make sure that we're hearing from those who have lived and living experience in this space to help us with the primary outcomes that we are going to work towards.

09:20:04 Some of you may hear me actually born in Britain and being a foreign national to this country is somewhat essential to my identity.

09:20:15 I came as a young person, but still experience this nation, maybe a little bit differently than someone who was born here.

09:20:25 But then I have great commonalities with many of you as well.

09:20:30 So for me, nationality, and immigration status is in fact.

09:20:35 Part of our self identify.

09:20:45 To clarify, are we listing our identities are we answering the question of what is missing.

09:20:52 You can do either. We will asking you to answer the question what is missing because we would like you to bring categories to the table that aren't represented here, but if your way of doing that is in fact sharing example that is close to your sense

09:21:08 of self that would be fine too. We welcome, everybody sharing to the level of your own comfort.

09:21:14 Got it. Thank you.

09:21:16 Absolutely. Thanks for asking the question.

09:21:33 Okay, so we're going to wrap this up in just a few more seconds.

09:21:41 Is there any category here that you see that you go oh yeah I wish I had thought of that. Or, it makes you think about a facet of your own sense of being that you might not have considered.

09:21:56 Okay.

09:21:59 So, congratulations on getting tomorrow board. Congratulations on being able to pull around the stickies. We're going to move back to the slide deck work through some information and then we will return here with some specific pieces of direction that

09:22:15 we would like to work on, hold on.

09:22:26 We're back to the slide board, the slide deck. He's not. If so, let's see.

09:22:33 okay.

09:22:35 So, as you know, the suicide prevention in El Paso County does in fact, direct itself towards priority populations, we know in the state of Colorado, that suicide is.

09:22:48 Fortunately, an experience for many of us, either with suicidal ideation or with family members members who are at risk for CHP, and Colorado the prior priority of populations here LGBT q a two plus youth veterans older adults.

09:23:12 And we recognize by Park, that it by Park communities do struggle mightily at risk for suicide, and we are elevating, that they too need to be

09:23:27 having access to the supports that we would like to be standing up.

09:23:36 So, these are the goal targets that was specifically identified for the priority population LGBT q i i do plus.

09:23:45 And they fall into two particular strategies, they fall into the education and awareness strategy and the connectedness strategy. So, just to read them out.

09:23:57 The education and awareness target that we're working with today is promote behavioral health including opportunities for peer support and teaching peer support teaching coping and strategy, problem solving skills.

09:24:10 There's also the strategy of connectedness which has two facets to it. On the one hand, increase opportunities for safe space and inclusive community events gatherings and meaningful social interactions, and also building public support for the inclusion

09:24:26 of policies for LGBT q plus community.

09:24:31 What we want to be thinking about as we move into this next space is not only that these are targets we're moving towards, but we want to make sure that we're accounting for intersection ality here.

09:24:42 None of us stick in a single lane none of us have a single facet, we have a multiplicity of our identity, and therefore we fall into this space in various ways.

09:24:56 So, one Colorado did do a study on suicide here in Colorado.

09:25:02 I'm going to elevate some of their findings from that Colorado study, but I want you to be thinking about how does that inform your understanding of this work, how do you think El Paso County is similar or different to these findings and how does that

09:25:19 influence how you would try to work on these goals that we're going to be exploring together and and so on Colorado does speak to individuals in Colorado at risk of suicide saying that there are barriers to the ability to gain the support that one needs.

09:25:40 And in Colorado, those barriers exist, and they exist specifically for LGBT q IA two plus communities in some of the following ways. These are only the top five but know that they that there are additional barriers outlined in the one Colorado study.

09:26:02 So unfortunately, lack of resources to pay out of pocket is a significant barrier for this community.

09:26:10 So is the community the stigma and fear that is in this community not just around LGBT q i A plus experience lived in meeting experience, but also around mental illness.

09:26:26 There appears to be a lack of adequately or appropriately trained mental health and behavioral health providers that community college capacities of the health providers may not be where our community needs them to be.

09:26:43 There's difficulties locating safe and knowledgeable culturally aware service providers. So not only does one need to seek support but one needs to seek support that is safe and can relate, and can help us explore this experience in a way that provides

09:27:01 health care services.

09:27:04 And unfortunately, individuals in this community reported that as they interact with their service providers, there's an experience that there's a narrow assumption about the identity and needs of this community as they come forward to seek help, which

09:27:19 limits one's access to the understanding of what services might in fact be available.

09:27:28 This piece on social connectedness, one Colorado study also leaned into this, and it's sadly no surprise that there is an increased sense of feeling left out isolated or having no companionship, and that increased depression and destroy interested in

09:27:45 in life and, and community is particularly prevalent for individuals with transgender live don't have any experience.

09:27:56 So if we look at. I know this is sort of a stick figure image but on the left, there's 100 individuals, if we look at 100 individuals in the general population.

09:28:11 The research shows that six of them will contemplate suicide and three will actually attempt suicide.

09:28:19 Take 100 individuals in the LGBT q A to it. Plus, community.

09:28:27 18% are contemplating suicide, and two are attempting.

09:28:34 And for individuals with a trans experience. It's 41 are contemplating suicide and 11 are attempting.

09:28:50 Unfortunately, we know that our community is experiencing discrimination.

09:28:55 At an elevated facet. Excuse me.

09:29:00 I'm sorry I missed a couple slides behind. We're still on the LGBT q plus.

09:29:06 Yes.

09:29:09 Thank you. Hey, how's it moved to the Translate.

09:29:18 No know believe but we didn't get the visual for the the trans individual.

09:29:25 Okay. And is it still on the LGBT q but still on the discrimination.

09:29:30 So just the one before that was our trans individual individuals we heard the statistics, but can see the visual ship.

09:29:38 Okay, so I'm sitting on that slide from my end is it showing to you yet.

09:29:42 No.

09:29:55 Ah.

09:29:59 And if you want to turn your video off sometimes that helps we love seeing your face but that helps whatever it

09:29:59 may be that my internet link is feeling a little fragile.

09:30:04 It's not enjoying the statistics of these.

09:30:21 I wonder if I stop my video if it will stop the feed.

09:30:21 Now can you see the Translate.

09:30:28 No, we just have an hour. Okay, we're still in the discrimination.

09:30:31 Slide.

09:30:40 and maybe just.

09:30:42 Yes, thank you. We are on that slide, thank you today. So unfortunately you missed the wow of the image, but here we do see that 41% of contemplating suicide and 11 or attempting suicide in the trans community.

09:30:57 I'm going to try to take it now to the discrimination slide let's see if it goes.

09:31:05 I said gone to the discrimination slide.

09:31:09 We're still on.

09:31:17 Yeah.

09:31:19 Okay.

09:31:24 Well, uh,

09:31:25 If I can force it.

09:31:34 Is it now showing one oh

09:31:37 yes it is yes, we have the discrimination sign.

09:31:42 Sadly, I'm sure we can all speak to the stories that we hear about the discrimination that the trans community experiences. And this is an image that I pulled from the internet on the trends Day of Remembrance where sadly individuals have experienced

09:32:00 quite violent responses, and this is just a heartbreaking.

09:32:08 So what we're going to do now is we're going to move back on to the goals that we'd like to explore.

09:32:16 We're going to move to the Mirror, mirror board again. And what we're going to ask you to do is to think of a perfect world, think of a blue sky brainstorming moment, think of no constraints, don't worry about the finances.

09:32:31 But let's look at these three goals, and we're going to ask you to describe in the sticky notes.

09:32:38 What are you, if all of this was working perfectly if all of this was happening if all of these goals were playing out in the best way we hope that they will.

09:32:48 What are you seeing in the world. What are examples of wonderful outcomes of these three goals, as a consequence of the hard work that we're all doing.

09:33:00 So let's go out to the mirror board.

09:33:08 machine.

09:33:27 Here we go.

09:33:28 So what I'm going to ask us to do used to. Yes, many of you are already there. Yay.

09:33:35 So what you'll see here are the three goals that we've already stated, the one for education and awareness, which has to do with opportunities for peer support and for teaching coping and solving skills, and the two for connectedness, increasing opportunities

09:33:51 for safe space and inclusive community, and also building public support for the inclusion of policies in LGBT q IA plus community.

09:34:03 So please put in the stickies here examples of ways that you wish these goals would play out.

09:34:14 What What is different in the world as a consequence of the work on these goals. Perhaps it's that we can see peer support groups on the calendar on a monthly basis.

09:34:24 Perhaps it's examples of work sessions.

09:34:28 What group sessions coming together to work on public awareness, public engagement.

09:34:35 Perhaps it's identifying safe spaces where individuals can come together and share with like members of community and service providers in order to be able to support their growth and health moving forward.

09:34:52 I also invite you to consider the additional kinds of barriers that you imagine particular to El Paso County, and we did very briefly go over the barriers and there were about 12 or so listed in the one Colorado study, so we knew we didn't share them

09:35:12 all with you. But we also know that the one Colorado study was for all of Colorado and wasn't necessarily.

09:35:21 And in Iowa state, county by county quite different. We have diversity in this state.

09:35:28 Everything from conservative liberal white to diverse.

09:35:32 So, If you have a particular barrier that comes to mind for you. We would ask you to place a sticky as others have already.

09:35:44 So, we really appreciate all of these amazing examples of things that would be happening, as a consequence of these goals being able to play out the best possible way.

09:35:56 If you've placed a sticky in which you've discussed, an outcome or a way where you can see evidence of these goals playing out.

09:36:06 If you would consider dropping to the next set below, then you can maybe share with us things like, well here's a resource that maybe you didn't know about that will support this goal.

09:36:17 Maybe his a story that I know would be benefited by this goal being able to play itself out.

09:36:31 Here is a facet of support that you believe might help an outcome to come to be

09:36:35 as you Oh, you guys are amazing. Look at you, you're filling this up.

09:36:40 Don't worry if for whatever it is you can't quite get it onto the colored square, you can put it in proximity as well, we will figure it out as we move forward.

09:36:51 We will be looking at these and summarizing them and bring that information back to you in the future.

09:36:57 If you see a particular sticky that strikes you and you wish to seek additional information call that out.

09:37:04 If you play something there and you want to ask questions about it, please go ahead and do so.

09:37:27 You guys are like pros on this narrow board. I'm impressed.

09:38:30 So, I really appreciate all of this that's happening on the board can ask you to continue to do so.

09:38:38 Does anybody have a particular story that relates to one of these goals that if this these goals were, if a particular goal was actually manifest and was able to do its very best.

09:38:51 What story do you have that would be a result of that goal or what is a story that is prompting the need for this goal.

09:39:07 If you'd be willing to share that, you know, be great or if you'd like to share it either in a sticky, or in the chat that is ok as well.

09:39:20 You asking us to come off mute and share it.

09:39:24 Okay, that would be great. Yes. Um, so from my story identify as gay and grew up in the faith community.

09:39:32 Unfortunately, so I think for me, a lot of goals, would just, I would love to see more support from faith communities and just realize like these are people's lives like regardless of what other people believe or not like everybody, everybody's life value.

09:39:56 So, I think, just doing the work to make sure places of worship, are safe spaces.

09:40:06 And they're not spaces of where. Hey, and

09:40:12 discrimination is preached from the pulpit, I think is a good start.

09:40:16 Just because a lot of damage is done there. So, Thank you, appreciate you sharing.

09:40:23 We need safer spaces, which also include the spiritual and religious community

09:40:33 where they understand.

09:40:37 Again the intersectionality of their community, so that they can see the multiplicity of need to the queer community.

09:40:52 Anybody else.

09:40:58 I am I put something down about affordable housing, and the reason I put that down as one. I mean, it affects so many people right but in my experience of, you know, I own a house and I rent it out for you know the rooms out for as low as I can to create

09:41:20 like a queer community, but even still, like, it is the biggest anxiety that I see people have.

09:41:30 And also it's why people seek this out.

09:41:34 And I can just see that as, like, rent is going up, and it's becoming less and less accessible to live in this city.

09:41:44 And that seems to cause the most mental anguish to people that that I've known that just.

09:41:53 Whenever I talk to people, it's just that such a big anxiety and such an ever pressing concern, and it doesn't, it just doesn't look like it's going in any different direction right now.

09:42:07 And if priority community is vulnerable to employment discrimination. That's going to influence their ability to afford housing, and it just comes right down, right, you're facing eviction and says, not a safe space for anyone.

09:42:26 Thank you. Thank you very much for sharing.

09:42:31 I'd like to just kind of like continue with that line of thought that so much of our access issues come down to money and funding and not having money as individuals to live in a place where we feel safe.

09:42:47 And so many of these goals just aren't possible without like widespread funding.

09:42:53 That's very hard to get from El Paso County from the state from the nation.

09:42:58 Because there's just not that, that buy in that people think it's worth it, that the larger community thinks it's worth it.

09:43:07 So yeah, I just, I think he goes absolutely spot on but like if we can't even afford to live here how are we ever going to feel safe here.

09:43:15 Thank you. Thank you very much.

09:43:25 And just to continue. You know I because of the city and the state does offer some resources in terms of rental assistance leap Medicaid.

09:43:31 However, there's this gap that occurs where, you know, I think if if people want to be able to afford for instance gender confirming health care.

09:43:41 They might need Medicaid, and that can then lead to, like, not wanting to make too much that you fall in a gap, because there's this terrible gap of I either qualify for Medicaid or, like, I make too much and my so many employers don't offer health insurance.

09:44:00 So, then people end up in the situation in which it's, it almost keeps them in a in a place, and I just, I know a lot of people who are kind of trying to figure out that line of, I want to be able to afford health care I want to be able to afford assistance

09:44:16 but, like, it just that impacts what I enabled to what I'm able to do and where I'm able to go with my life.

09:44:28 I also think that.

09:44:32 Unfortunately, our governing bodies don't recognize the cost that suicide inflict on community.

09:44:40 They worry about the cost of health care and the worry about the cost of housing and they worry about supporting mental health but what they don't count is, if we put money into this space, we get we making it so that there isn't an expense from loss

09:44:59 of life, loss of valued members of community loss that there's not the cost of the ers and there's not the cost to the emergency facilities.

09:45:13 If we can step into this space with suicide prevention and and help people before they get to that place where they're attempting that saves a tremendous amount of funds in the system.

09:45:25 But it seems that our legislators only think about the cost of something, you know, in the front end, instead of understanding that there's a back end as well.

09:45:41 Okay, well I am just totally impressed with all of the amazing ideas that you've placed here. I like the I do see intersexuality here not only for the individual she gains in lean into this community, but also for the examples of these goals being manifest.

09:45:58 So we not only have safe spaces but we have sober spaces. We have not only support for the LGBT q plus community, but we have representatives who are aware of connected, or even identify in this community that we are bridging those kinds of connections

09:46:20 that we are in generally increasing the acceptance and understanding of the mental health environment so that we can also maybe reduce stigma and fear, because these are overlapping, and they are just making the challenges that we have of just making

09:46:40 things harder.

09:46:46 When certainly a cultural and political climate is a barrier here in Colorado, and depending on what space you're in El Paso me is a different county than Denver, and Boulder.

09:47:00 So, the issues here are slightly different, and include the fact that there's a great military presence here which also was a priority and vulnerable population, not just because they don't receive the health care that they need, but they also have access

09:47:14 to legal.

09:47:24 Sorry, did someone say something because you broke up.

09:47:30 So

09:47:33 I apologize for not knowing. Could somebody tell me what HKCS and

09:47:43 healthy kids Colorado survey.

09:47:49 Yes.

09:47:57 Okay.

09:48:01 So, Nicole and Maggie, do you have any questions that you would like to be asking for clarity before we wrap this up.

09:48:11 Would you like to leave this into the next steps.

09:48:18 I'm very impressed with us. We'll talk about our next steps of what we're going to do with all of this information but i don't i'm pretty clear on what I've seen both of these goal areas, and then the barriers.

09:48:40 Let's see if, Maggie has any feedback and Maggie was having some internet issues. So that might be difficult for her to comment right now but I think we're I think we're going to do to, to, to move forward unless anyone needs more time.

09:48:55 Okay.

09:49:02 Good. So, again, please know you can follow up this concept of those that have hand on the doorknob idea that you're in a group and having a great conversation.

09:49:08 It wraps you leave you put your hand on the doorknob.

09:49:19 I wish I had told them this, please feel encouraged to follow up with Nicole and Maggie if you get some our house. Later today.

09:49:21 In the middle of the night.

09:49:24 As this applies because your voice is dramatically critically important to this work.

09:49:30 You know that my here, and Nicola very smart very capable people, but often the other ideas coming from others can genuinely support the work to make a huge difference that we needed to make me see if I can take us back to

09:49:49 the next steps.

09:49:53 So, where do we go from here Nicole.

09:49:57 Sure. I don't know if you're able to exit the Miro board to the slide or I'm happy to just, I have a slide up but it's not it's not showing it to you.

09:50:09 That's, that's okay.

09:50:11 So I think it's great that we can still see these wonderful ideas.

09:50:16 So we started this, this today because we do as a collaborative want to have a work group and LGBT q a two plus work group to, to make sure that we're, we're addressing needs within our collaborative of suicide prevention.

09:50:36 As we discussed we have these Colorado national collaborative goals and we didn't want to limit folks today of putting restraints in terms of what are we doing short term, what are we doing long term, how are we going to do this.

09:50:50 And we wanted to have an hour, an hour that we can really come together and inform our next steps for this work group. We are looking for people to be part of this work group that would meet monthly.

09:51:05 But there's also as we've addressed we are also going to have economic stability work group.

09:51:12 And we're looking for folks who aren't all in working in our LGBT q IA two plus traditional I'm representing that nonprofit, we need businesses we need our healthcare systems we need all the types of representation as possible.

09:51:33 You know, we saw a lot of the things as safe spaces, we talked about policies CHP and the collaborative is really wanting to move into the advocacy sphere because we're hearing from our members that to get to that next level of change we need to do some

09:51:51 more some more advocacy. So our next steps is Judith is going we have this as a recording. We're going to clean this up a little in terms of those boxes and where, where our stickies are, and we're going to use that as the springboard for our first official

09:52:12 LGBT q plus work group, and then the work group is going to come up with a work plan or strategy of using these ideas, and would love to, like we said this isn't the

last opportunity with love, even more folks with lived experiences if we're not addressing

09:52:32 all of these needs to be part of that.

09:52:35 But the next step is really convenient this work group, looking at this work and coming up with a plan. What do we want to work on in the next year. What do you want to work on in the next two years, and ultimately obviously our goal is to reduce the