

Youth Suicide Data and Prevention



Presented by: Meghan Haynes, Public Health Planner

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Child Fatalities


Breakdown

Natural	2
Homicides	5
Suicides	15
Infant unsafe sleep/asphyxia	8
Undetermined	6
Motor vehicle accident	4
Drugs, Accident	2
Complication of birth	1

Teen Suicides (Ages 11-17 Years)

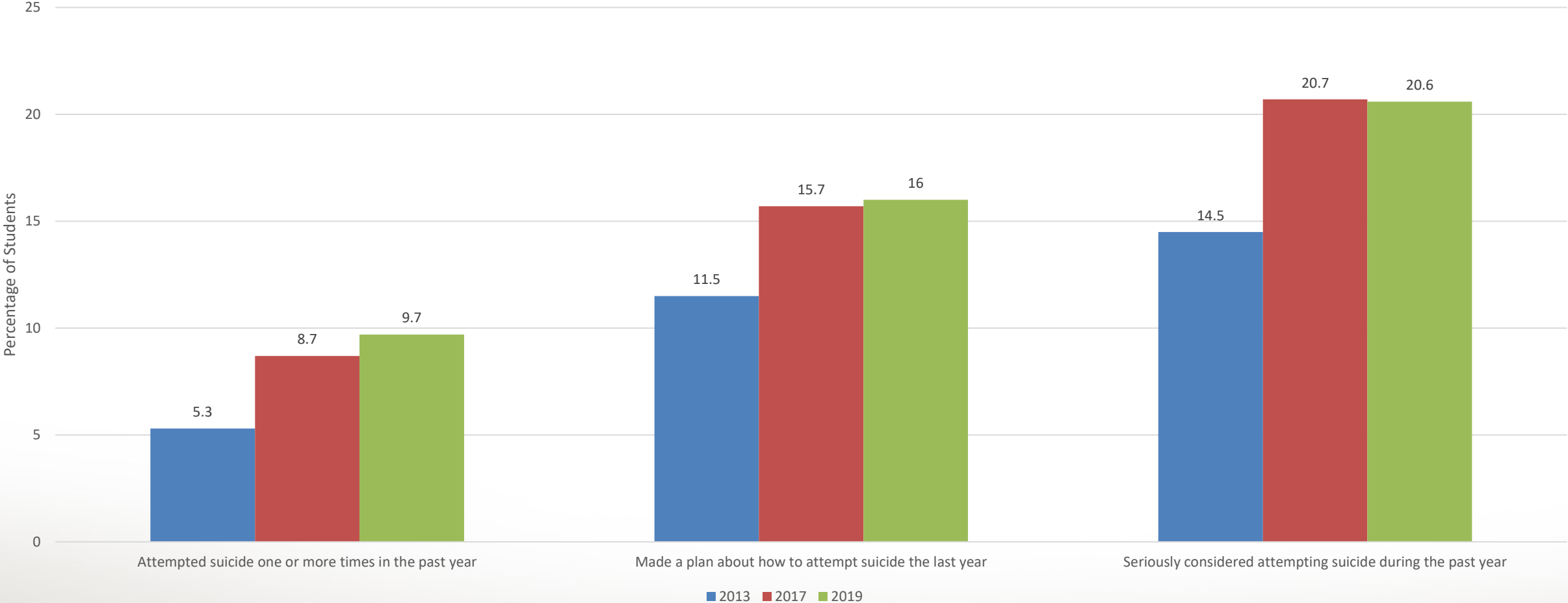
Gender	Male: 12	Female: 3
Hanging		4
Firearms		8
Drugs		2
Other		1

When the Suicides Occurred

	Jan.	March	April	May	June
	1	1	2	2	1
July	Aug.	Sept.	Oct.	Nov.	Dec.
1	1	1	1	3	1

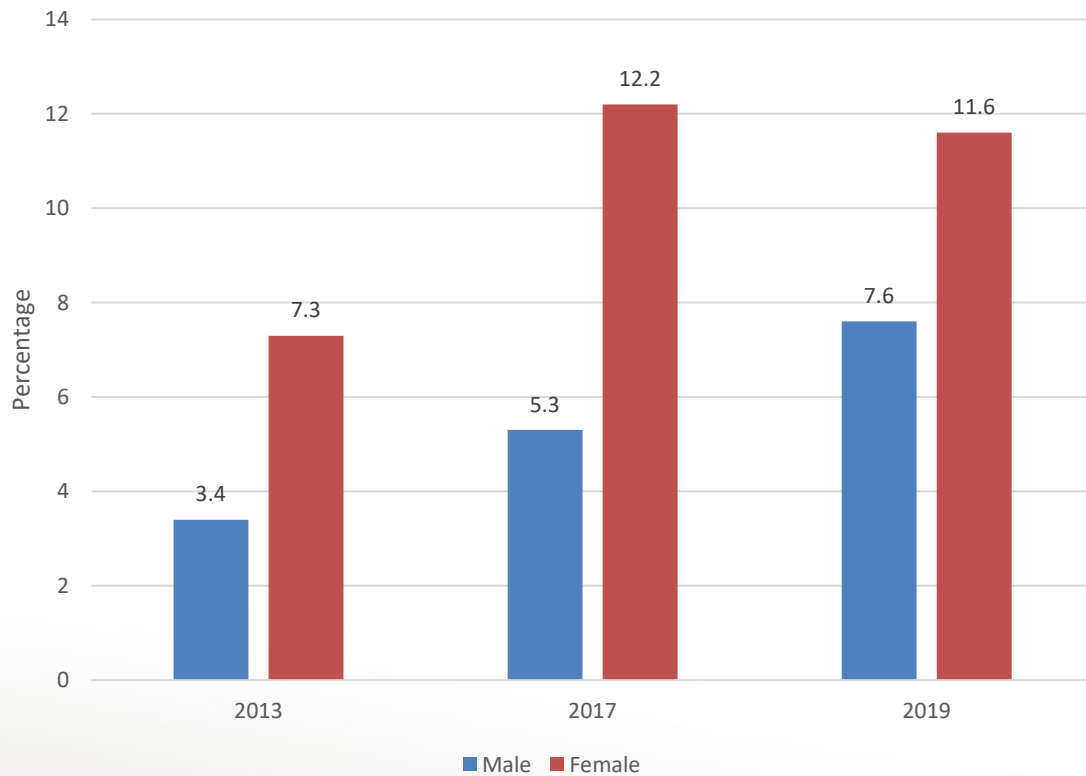
Healthy Kids Colorado (HKC) Survey: El Paso County

El Paso County Suicide Indicators- HKC

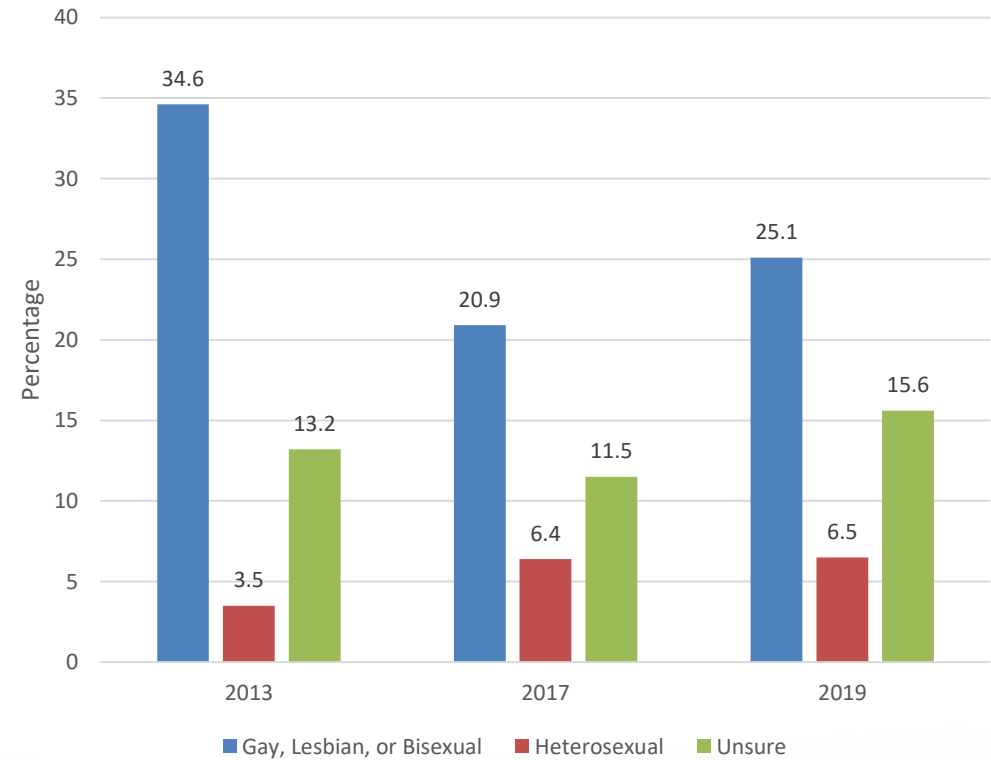


Healthy Kids Colorado Survey: El Paso County

Students who attempted suicide one or more times during the last year



Students who attempted suicide one or more times during the last year



Data Source:
HKC

Youth Suicide Prevention Workgroup

- Steering Committee:
 - Inside/Out Youth Services, Colorado Springs School District 11, Education for a Lifetime, Peak View Behavioral Health, Health Solutions, Colorado Springs Health Foundation, Diversus Health, NAMI Colorado Springs, Academy School District 20, Community Health Partnership, Cedar Springs Hospital, Pikes Peak Suicide Prevention Partnership, community parents
- Youth Suicide Prevention Workgroup:
 - 66 partner agencies
 - 24 community members

Youth Suicide Prevention Efforts - 2021

January

- **Listen and Learn**
 - Prioritize suicide cases for Child Fatality Review Team
 - Youth Panel on 2020 experiences

February-March

- **Identify Gaps / Needs**
 - Conduct gaps / needs assessment in the Youth Suicide Prevention Workgroup
 - Prioritize gaps / needs
 - Assess current strengths to address gaps / needs

April - May

- **Take Action**
 - Develop community goals for 2021 Youth Suicide Prevention Workgroup Action Plan

June – December

- **Track Progress**
 - Monthly report-outs on Action Plan, problem-solving, and tracking of local data

Suicide Prevention is Everyone's Business

- How you can support youth suicide prevention:
 - Normalize seeking help and hope
 - Share stories of resilience
 - Use safer language:
 - Do say “died by suicide” or “attempted suicide”
 - Avoid saying “committed suicide,” “completed suicide,” or referring to suicide as “successful,” “unsuccessful” or a “failed attempt”
 - Complete Question, Persuade, Refer (QPR) Gatekeeper Training
 - Be prepared to have a conversation about suicide with someone in need

Suicide Prevention is Everyone's Business

- Share resources:
 - [Protecting Youth from Suicide: Written By Local Parents For All Parents](#)
 - [Beyond the Curve](#)
 - [Below the Surface](#)
 - Colorado Crisis Services:
 - 1-844-493-8255
 - Text "TALK" to 38255
 - Walk-in location: 115 S. Parkside Dr. Colorado Springs, 80910
- Get involved in the Youth Suicide Prevention Workgroup

Questions?